

# CARERS WEEK *11 - 17 June 2018*

## WHAT'S ON

---

### DATE

### DETAILS

WED 6TH JUNE.....	• CARERS CAFÉ @ ARDLER COMPLEX: 11AM-1PM
THURS 7TH JUNE.....	• DROP IN CAFÉ @ C GATE: 10AM-12 NOON
MON 11TH JUNE.....	• YOUNG CARERS VOICE @ C GATE: 5.30-7.30PM
TUES 12TH JUNE.....	• KEEP WELL HEALTH CHECKS @ C GATE
	• INFORMATION STALL @ DOVER FS CANTEEN: 11AM - 6PM
WED 13TH JUNE.....	• BITE & BLETHER @ COLDSIDE CHURCH: 12-2PM
THURS 14TH JUNE.....	• LAUNCH OF WWW.CARERSOFDUNDEE.ORG @ C GATE 10.30AM - 12 NOON
THURS 14TH JUNE.....	• DEMENTIA CAFÉ @ ST MARY'S CHURCH: 2-3.30PM
FRI 15TH JUNE.....	• LIFELINE GROUP @ C GATE: 1-3PM
WED 20TH JUNE.....	• UPBEET FIFA TOURNAMENT (VENUE TBC)

**FOR MORE INFORMATION ON ANY OF THE ABOVE  
GROUPS AND EVENTS CONTACT US ON 01382 200422**

C Gate, Dundee Carers Centre, Seagate House  
132-134 Seagate, Dundee DD1 2HB

[www.dundecarerscentre.org.uk](http://www.dundecarerscentre.org.uk)

Charity no. SC024115. Company no. SC160754.

